

India Unjunking A USD 30 billion appetite for health food

March 2022



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Executive summary





Health & Wellness (H&W) focused F&B market in India will be USD 30 Bn by 2026 growing at CAGR of 20%



Indian H&W food market is set to exponentially grow, driven by the following factors



Change in the attitude and increase in the number of health-conscious consumer post covid



Rising disposable income leading to increased spending capacity



Rising demand from millennials



Rise in e-commerce; reduced barrier to entry

1. Only includes packaged F&B products and excludes fresh foods

2. Health food penetration refers to % of Health F&B market within overall packaged F&B Source: Avendus Analysis; Euromonitor. CaplQ

Structural shift in consumer purchasing behaviour & preferences driving innovation & strategies

Consumer driven themes



- offer maximum nutritional benefits **and have minimal calories** have gained prominence
- There is greater acceptance of immunity-boosting supplements and functional foods
- Increase in the number and engagement capability of vegan influencers among the internet-savvy young generation
- Companies are increasingly labelling their food items 'vegan' and '**veganisable'**
- Increasing need for convenience led to adoption of digital distribution and emergence of new platforms

Supply side themes

- D2C has eliminated entry barriers with digital becoming an important channel for product discovery and purchase
- Large F&B companies are targeting better-foryou positioning by launching + acquiring health food brands
- Health and wellness categories, though small, are growing faster than the overall market

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Inflection point for Health Food in India

Multiple success stories of large value creation in Health & Wellness brands globally

	THE ORIGINAL	BEYOND MEAT	Simply •Good	Chobani
Market cap ¹	USD 4.0 Bn	USD 3.7 Bn	USD 3.6 Bn	USD 10 Bn+
EV / Sales multiple ¹	5.8x	8.5x	3.8x	6–7x ²



Valuation of H&W players are higher than traditional peers driven by key success factors

- Large market led by shift towards healthier alternative of packaged food
- Faster growth rate demonstrating market acceptance



We believe that this is 'The Decade for H&W Food in India'

- Strong health food brands can horizontally expand and capture high consumer wallet share and scale fast
- US health food market witnessed an inflection point in M&A and public market transactions since 2015
- We believe similar trend will follow in India with significant transaction activity and consolidation in the sector in the coming decade

Health and Wellness F&B – a large market opportunity

Global Health and Wellness F&B: USD 1.1 Tn market by 2026

Health and wellness F&B is a massive global market...

Health and Wellness F&B market

(USD Bn)



...with emergence of a wide spectrum of products

			Naturally healthy & Organic	 Minimally processed natural food and beverages Organically grown and free from man-made chemicals
		ŌØ	Functional food and Better-for-you	 Naturally enriched or fortified foods Low in sugar/salt and high in nutrients Free from allergen like lactose, gluten etc.
Ĉ			Plant-based	 Dairy, meat and other food products derived from plants or cultures

Indian Health & Wellness F&B: USD 30 Bn market by 2026

Market size¹ (in USD Bn)



176 Mn in CY26



capita by health-conscious consumers by CY26

02

Large headroom for growth given low health food penetration as % of total packaged F&B : 11% in India vs. 31% in USA

Significant growth will be witnessed across categories; 'Healthy Snacking' will lead market expansion¹

Market size (in USD Bn)



1. Snacking in this context refers to any food eaten in between meals as the number of eating occasions during the day have increased amongst consumers Source: Euromonitor, Avendus estimates

Market expansion in India driven by multiple growth levers

Increased awareness



Moving towards mindful eating – foods with specific benefits beyond general wellness & nutrition

Increasing spending capacity

% of households with disposable income greater than USD 15,000



With rising disposable income, health-oriented spending is taking a larger wallet share

Demand from millennials



Large millennial population with high disposable incomes who are willing to spend on health

E-commerce penetration

Number of online shoppers in India (in Mn)



E-commerce demand to come from tier-II and III cities in India

Broader reach enables smaller health and wellness brands to grow; distribution is no more a distinguisher

Increased consumption occasions of health food during the day replacing square meals



1. Secondary research: Survey conducted by a market research company on 3,000 people over the age of 18. Note: Avendus Analysis.

Themes driving growth in the Health and Wellness F&B category



Interesting themes driving the exponential growth in the Health F&B category





Mindful eating – Consumers are searching for functional and naturally healthy ingredients

Traditional players have been strengthening ingredient focused product portfolio



65% of global consumers are more concerned with immunity because of COVID-19.

- June Lin, VP, Global marketing for health & wellness at ADM

Growing acceptance within Indian consumers



Preventive healthcare:

 Lifestyle ailments, immunity boosting, and image body concerns is driving the increasing need for functional and naturally healthy ingredients



Ayurvedic ingredients:

In India, Ayurvedic superfoods like Turmeric, Amla have been widely accepted.

- Traditional brands like Dabur, Patanjali bet big on Ayurveda
- New age companies such as Kapiva, Akiva are building their presence While Ayurveda remains strong, Indian market is witnessing many emerging superfood ingredients

Indian companies have positioned their products across super foods and natural healthy ingredients





Innovation in plant-based alternatives

US is the largest plantbased market globally at USD 7 Bn with plant-based dairy and meat constituting 63% and 20% respectively¹

Growing opportunity in plant-based products in India



Large consumer base of 'Flexitarians':

About 70%² of Indian population is 'Flexitarian' – general vegetarian diet with occasional non-veg consumption

Favourable demographic: Plant-based products are more appealing to the younger generation focusing more on nutrition & fitness

... however, need to see how it takes off



Market adoption:

To evaluate the scalability and acceptance for Vegan brands on account of *high price points and consumer preferences*

S P

Strong lobby of incumbent players in dairy:

Unforeseen policy changes like Sep-21 FSSAI guidelines on *labelling restrictions on plant-based dairy* after pressure from the powerful dairy lobby is a challenge for the sector

GFI (Good Food Institute) market research.
 USDA Foreign Agricultural Service.
 Source: Avendus Research.

1. Globally – Organic innovation + M&A



2. Globally – Strategic Partnerships + IPO



Indian players following global trends





Emergence of digital as a means of product discovery and purchase

Globally, D2C/ digital first brands have demonstrated large value creation

	DAILY HARVEST	CALIFIA FARMS	BULLETPROOF	soylent	ELYSIUM Health
	products	beverages	supplement	replacement	supplements
Founded	2011	2012	2013	2013	2014
Fund raised	USD 178 Mn	USD 340 Mn	USD 87 Mn	USD 72 Mn	USD 71 Mn
Valuation	USD1Bn+	USD 500 Mn+	USD 500 Mn+	USD 500 Mn+	USD 240 Mn

Large traditional F&B majors have also started embracing the D2C channel

PEPSICO	Kraft <i>Heinz</i>	Coca Cola	Mestie	<u>Kellogg</u> is	TTC Limited
Launched Snacks.com and Pantryshop.com for D2C delivery of snacks, cereals etc.	Launched Heinz to Home service in UK selling sauces, spreads, ice-creams direct to home	Launched Cokestore.com in Australia and USA to sell coke products D2C	Launched D2C confectionary service (KitKat) in 2019 in UK	Launched 2 D2C brands in 2019 – Joybol (protein smoothie bowl) & Happy Inside (a cereal brand)	Leveraging its D2C website & national / local partners to deliver essentials direct to home

Similar trend witnessed in India as well



Companies use a mix of own platform and marketplace distribution (as

sellers themselves or through 3rd party sellers)



Online business can be set up faster (vs offline) and have lower working capital cycles: As a result, many new age brands are using a digital first approach to start off and are adopting omnichannel strategy as they scale



Omnichannel: Adding offline channel to increase scale and customer reach

Digital first distribution:





Own platform

- - Useful channel for driving loyalty and retention Captures customer data to enable product testing and acceptance
 - However, due to lower gross margins and average order value in food vs. other categories like personal care and high CAC¹, own platform unit economics are inferior. Hence, we believe this will only be a marginal contributor to online sales for F&B companies



Marketplace

Helps to ascertain product acceptance and market fit. Useful channel to drive product discovery and repeat purchase



Key deal drivers		Mone	delēz,	🥮 _{PEI}	PSICO		Ves tlē
Q							
Developing a strong 'Health and Wellness'		Gluten and Ore	-	Water beve	& Driftwell – erages with ingredients	Vegan	KitKat
portfolio		FUSP	<u>Wie</u>		te NeT ership		
Aboard the		Cadbury Fuse Fit – Healthy snack bar		Meat to pr market pl		plant-based (e.g. pea-b	aunches in d beverages based milk; lattes)
digital train		PHILIDEPHIA		sugars level by 25% / 50	ce the added in beverages % by 2025 /	over unheal – working or	ed criticism thy products n updating its and health
		Philadelph cheese va 100% natura	riant with	20	30		tegy
Penetrating new markets		GREN ØDE	PERTENS	BFFY BETTER FOR YOU BRANDS	HEALTH	 Chef	FRESHLY
Ø-		Protein bar	Protein bar	Healthy snacks	Plant-based nutrition bar	Healthy snacks	Healthy meal startup
Adding new product expertise		Hů	Enjoy	CYTØ Sport			E UNTIFUL DMPANY
e.g., fast growing plant-based proteins		Healthy snacks	Healthy snacks	Sport- oriented nutritional products	Healthy snacks		supplement nds
urce: MergerMarket; Ave	ndus Resea	arch.		Organic	Inorganic		

Source: MergerMarket; Avendus Research.

The winning formula



What drives valuation for Health food companies?



• Leverage the brand trust, customer understanding and agile supply chain to add product offerings and scale

Globally health food brands command richer valuation v/s traditional players

		BEYOND MEAT	THE ORIGINAL	Chobani	Simply ♥Good FOODS
		#1 player in alternative proteins segment	Leading player in oat-based dairy alternatives	#1 player in Greek yoghurt	Operates 2 health brands for bars, snacks & protein beverages
↓↓↓ Market Cap∕ Valuation		USD 3.7 Bn	USD 4.0 Bn	Expected IPO Valuation > USD 10 Bn	USD 3.6 Bn
	ار (چ) کا ار کام Revenue	USD 466 Mn ¹	USD 584 Mn ¹	USD 1,500 Mn ²	USD 1,056 Mn ¹
les	Company	8.5 ×	5.8 ×	6-7×	3.8 ×
EV/Sales	Traditional Peers	1.1 ×	2.5 x	2.5 x	3.0 x

Traditional F&B majors have increased appetite for H&W brands and have been paying top dollar for marque assets that add 'Better-For-You' positioning

Significant increase in M&A activity in H&W space in the recent years driven by traditional F&B players





Large M&A deals of marquee assets by traditional F&B companies in the past 5 years

	Nestle	MARS	Post	HERSHEY'S	Simply ♥Good
	+		+	+	+
	THE BOUNTIFUL COMPANY	KIND	Weetabix. 🕖	Ampliky	
	#1 pure-play leader in global nutrition and supplement	One of the largest clean label snack brand worldwide	UK's #1 selling cereal brand	Better-For-You snack brand: 2 nd largest popcorn player in USA	One of the fastest growing protein bar brand in USA
Deal Value (USD Mn)	5,750	4,000	1,700	1,503	1,000
\$ € Revenue	3.1x	5.6x	4.6x	4.0x	2.9x

We believe this is the decade for Health & Wellness F&B in India

Decade for Health & Wellness F&B in India



We can expect significant value creation & deal activity in India over the next decade

In order to capture the massive opportunity, companies need to employ a 'Horizontal' expansion or 'Platform' playbook

Companies can leverage the brand acceptance / trust as a 'H&W/clean label' brand & customer understanding to add new product categories



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Indian market ripe for strategic deals and IPOs in this decade

In recent years, US market has seen rise in M&A transactions in the health foods space, along with few IPOs

India has been observed to follow the USA health foods market trends with a lag of 5 years

In India, since 2010, many brands have been seeded with PE/VC funding. With such brands reaching adequate scale and demonstrating brand strength, we expect spike in transactions and value creation in the coming decade



Annexure 1: The way we look at H&W food market – Select sub-segments



The way we see Health and Wellness F&B market in India

We have listed out categories where innovation is taking place, driven by scaled new-age brands



'Emerging' categories

[xx] Fund raised till date (USD Mn)

ARR (USD Mn)	Bars	Spreads	Trail mixes & Superfoods	Protein supplements	Kids Snacking
Greater than	Yega [11]	wingreens forms [50]	[6]	MUSCLEBLAZE [®] [80]	
USD 7 Mn	RiteBite [3]		Elements [2]	FAST&UP [35]	
	whole The,Truth [7]	Pintola	Solution Prostaa [1]	NUTROVA [1]	[1]
Less than USD 7 Mn	eot	Alpino	FRUDILES Ere at Buddent	phab	Ford twas Good for Kidsr [4]
		happy تjars	OMRO Makhana/		[1]

'Traditional' categories with emerging niches

Ayurvedic Healthy ARR (USD Mn) Dairy Beverages **Supplements** snacks VAHDAM epigamia **CORNITO** Green tea [55] [40] [15] KAPIVA RAW Greater than USD 7 Mn Juices [33] [15] Cocoberry **OPEN** SECRET PROVEĚ **CUREVEDA** Frozen Yoghurt [7] [4] **B**TEABOX *EGREEN* akıva Less than SNA USD 7 Mn Green tea [3] [2] [2] Ketofy" ETO [2]

[xx] Fund raised till date (USD Mn)

Breakfast

cereals

Manna

[18]

[11]

True Elements

[2]

Plant-based alternatives

[xx] Fund raised till date (USD Mn)

	good dot	Veziay Quality Vegetarian Foods	Negetageld		WEG
	Soya-based	Soya-based meat	Soya-based meat	Soya-based meat	Soya-based meat
Plant-based	[4]				[1]
meat	greenest, THE GREEN PROTEIN CO.	Imagine [®]		evolved	Wakao
	Soya-based meat	Soya-based meat	Soya-based meat	Low fat plant protein	Jackfruit meat
Plant-based	urban platter		Milkin	ତ LIVING ୧୦୦୦ ୦୦.	
dairy	Soy & Almond milk	Cashew & Oat milk	Oat milk	Vegan Butter & Cheese	
	[4]	[2]			
Other plant- based	evo	PLANTMADE	PLANT POWER		
alternatives	Plant-based egg	Plant-based egg	Plant protein isolate		
	[1]				

Annexure 2: Global success stories



THE ORIGINAL



OATLY! BEYOND MEAT

Creator and leader of oat-based category

	2001	2012	2015	2020 onwards
•	Launched 1 st product in 2001 Steady growth with revenue of USD 29 Mn till 2012	 Commenced company transformational process Focus shifted towards rapid expansion and scaling 	 Expanded to UK, Germany, US, Mainland China and Hongkong Strong focus on expanding the foodservice and retail channel 	 Successful IPO Partnership with Starbucks in US and China

Strong valuation driven by robust growth, innovation and expansion strategy



Valuation (USD Mn)



Innovative products



Strategy

Expand consumer base through increased awareness	Plant-based milk will continue to grow at 20% – 25% CAGR
Multi-Channel distribution led by proven foodservice strategy	Available across 60k retail shops and 32k coffee shops
Extend product offerings through Innovation	All products are dairy-free, gluten-free, non-GMO certified and organic
Global distribution reach: Sold across 20 countries	Highest selling oat category product in UK, Germany, US and Sweden

KIND Leading clean label snack brand worldwide

Founded in 2004, Kind Snacks was one of the first popular snacks to abstain from artificial flavors and preservatives

Revenue (USD Mn)



Valuation (USD Mn)



Innovative products



Key Milestones



Chobani Superior value creation by a global brand



BEYOND MEAT Creator and leader of plant-based meat

	2009	2013	2016	2018 onwards
mis clin • Lau	nded in 2009 with a sion to combat hate change unched 1 st product in L2 – Beyond Chicken ps	 Received funding from GreatPoint, Kleiner Perkins, Bill Gates & more (incl. celebrity investors) between 2013-16 Launched 2nd product in 2015 – Beyond Beef 	 USD 88 Mn net sales in CY18 (170% YoY increase) Expanded into Europe, Middle East and Africa 	 Successful IPO in 2019 PepsiCo, Yum!, McDonald's brands added as new partners Launch of products in Chinese market

Strong valuation driven by rapidly growing market, strong R&D focus and expansion strategy





Innovative plant-based meat products



Valuation (USD Mn)



Strategy

1 st mover advantage in a rapidly growing market	Plant-based meat opportunity is set to be a USD 100 Bn market in 15 years		
Superior products than competitors in terms of taste and ingredients	Unlike others, Beyond Meat products have no soy or GMO		
Extend Product Offerings through R&D	Proprietary Technology & Process; R&D spend of 8% of revenue vs. >2% for established food companies		
Wide distribution reach with healthy mix of retail & foodservice customers	Equal share of retail & foodservice customers – tie ups with leading retail chain brands		

The Avendus advantage



Avendus Capital | Industry's leading Consumer, Financial and Business services practice

85+ deals worth ~USD 3.7 Bn in value since 2007

12 closures of USD 100 Mn+ value:

Sapphire Foods, Boat, Eastern Condiments, Delhivery, Eurokids, VKL Seasonings, Ujjivan, Metropolis, Mankind, TCNS Clothing Co. ('W'), Mayfield, Venture Infotek

17 Member dedicated team with more that 120 years of collective IB experience

Our areas of focus*

	/		_	<u> </u>
E	+	1	+	Ţ

CONSUMER GOODS & SERVICES / RETAIL

Food & Beverages | Services | Apparel | Personal Care | Consumer Durables



LOGISTICS

Third Party Logistics (3PL) | Multi-modal Transportation | Freight Management | Facilities Management | Security / Cash / Allied services



EDUCATION

Preschool / K-12 | Higher Education | Vocational Training



Publishing | TV Broadcasting & Production

Our Relationships*



Demonstrated track record of delivering outcomes in the consumer space

Creador' T	Prosus QIA SoftBank	MULT <mark>IP</mark> LES temasek	TEMASEK	WARBURG PINCUS
Have invested in	Have invested in	Have invested in	Have invested in	Has invested in
Sapphire Foods	ç swiggy		lenskart	boat
USD 150 Mn Advisor to the Company &	USD 1,250 Mn Advisor to the Company	USD 192 Mn Advisor to the Company	USD 315 Mn Advisor to the Company	USD 100 Mn Advisor to the Company &
Existing shareholders Aug 2021	Jul 2021	Jul 2021	Jul 2021	Existing Shareholders Jan 2021
Orkla 🕅	Advent International	KKR	tirmenich	TPG
Has acquired	Has acquired	Has acquired majority stake	Has acquired majority stake	Has invested in
Eastern	enamor	EuroKids	Seasonings & Flavours	NYKAA.com
USD 270 Mn Advisor to the Company & Existing Shareholders Sep 2020	USD 45 Mn Advisor to the Company & Existing Shareholders Sep 2019	Undisclosed Advisor to the Company & Existing Shareholders Sep 2019	USD 65 Mn Advisor to the Company & Existing Shareholders Jul 2019	USD 20 Mn Advisor to the Company Mar 2019
FidelisWorld	Zydus Wellness	Edelweiss	Tencent DST NASPERS	TPG
Has invested in	Has acquired	Has invested in	Have invested in	Has invested in
RAW	Kraft Heinz	SapphireFoods	e swiggy	book
USD 11 Mn Advisor to the Company	USD 600 Mn+ Advisor to Zydus Wellness	USD 32 Mn Advisor to the Company	USD 1,000 Mn Advisor to the Company	USD 100 Mn Advisor to the Company
Jan 2019	Jan 2019	Dec 2018	Dec 2018	Jul 2018
	Tencent 腾讯	Advent International	TAASSOCIATES	
	Have invested in	Has invested in	Has invested in	
	ç swiggy	DIXCY	TCNS Clothing Company Pvt Ltd	
	USD 210 Mn Advisor to the Company	USD 120 Mn+ Advisor to the Company	USD 140 Mn Advisor to the Company &	
	Jun 2018	Jul 2017	Existing Shareholders Aug 2016	

Market Leadership in F&B: Largest number of deals in the industry



About the team: Connect with us



Abha Agarwal Executive Director and Co-head, CFB abha.agarwal@avendus.com

- 15+ years of experience in executing Investment Banking transactions
- Worked with Accenture Management consulting prior to Avendus
- MBA from S.P Jain Institute of Management Research & C.A.



Anshul Agarwal Executive Director and Co-head, CFB anshul.agarwal@avendus.com

- 17+ years of experience in executing Investment Banking transactions
- · Worked with Rothschild prior to Avendus
- MBA from IIM Calcutta



Saloni Jain Vice President, CFB saloni.jain@avendus.com

- 12+ years of experience in executing Investment Banking transactions
- Worked with MAPE Advisory, J.P. Morgan and Lehman Brothers prior to Avendus
- MBA from IIM Indore



Harshit Jain Associate, CFB harshit.jain@avendus.com

- Joined Avendus Capital in 2020
- Worked with KPMG and Grant Thornton prior to Avendus
- MBA from IIM Lucknow & C.A.

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MUMBAI CORPORATE OFFICE

IL&FS Financial Centre, C & D Quadrant – 6th Floor, Bandra-Kurla Complex, Bandra (East), Mumbai – 400 051 India Tel:+91 22 6648 0050 | Fax:+91 22 6648 0040

www.avendus.com



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